

# Episode 2: Br. Paul Quenon, O.C.S.O.

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**Run Time:** 9:51

**Suggested Viewing:** After reading Chapter 6

## Discussion Questions

- In this video, the Trappist monk explained that we do not always choose God; instead, he chooses us to accomplish a specific part of his plan. **What do you think God is choosing you to do for him at this point in your life?**
- In the chapter, we read about how early Christian communities gathered together for prayer. The monk in the video described his daily routine of finding time for prayer in nature, among the trees, plants, and animals. **How can nature help you grow closer to God and learn to listen to him in prayer?**
- In the chapter, we read about how Saint Macrina's virtuous example inspired her mother and others to have a greater love for God. Likewise, in the video, the monk explained that following God sometimes requires us to live in a way that is unpopular or difficult for others to understand. **What difficulties do you experience in living a virtuous Christian life in today's culture?**