

ENRICHMENT: CHARACTER

Holiness in the Family

The Holy Family teaches us that we should place God at the center of our own families. Many times, our families can be centered around other things, such as sports, academics, money, or pleasant vacations and activities.

These things are good, but some families become more concerned about these earthly things than they are about God. They will make great sacrifices to go to a sports game but will not go out of their way to go to Mass or Reconciliation.



We are not losing out if we place God first and foremost in our families. In fact, those families who put Christ first *will become holy*, and the other activities, such as sports, academics, and music, *also will be sanctified, or made holy*.

It is this simple: when we put God at the center, everything else falls into place. It can be challenging for many families to make time for God. But by making small, simple changes, our families can place God more and more at the center.

Even as a child, you can help bring your family closer to God.



A holy family goes to Mass together.



A holy family brings God into their vacations.



A holy family prays together daily.

Journal Reflection

Think of one thing you can encourage your family to do this week that places God at the center of your family. **How will doing this bring your family closer to God?** Write your answer on the journal page. [Journal pages are available on the parent and student portals.](#)

Prayer to Grow in Virtue

Jesus, we want You to be the center of our lives and of our families. Strengthen us with courage and charity as we encourage our families to grow closer to You. Amen.