

## Liturgical Year: Easter

*During Easter, we are reminded that in Baptism, we have been raised with Christ to new life.*

### Chapter Summary

The Easter season lasts fifty days, from Easter Sunday to Pentecost. In Baptism, we are united with Jesus in His Death and Resurrection. This is the reason we live with joy during the Easter season. The Church prolongs the joy of Easter Sunday by celebrating the Easter Octave. The Church also celebrates the Sprinkling Rite during Easter as a memorial of our Baptism. Through this liturgical action, God's work at our Baptism is made present. We are strengthened to remain faithful to the graces we received in Baptism through Jesus' Resurrection.

### Easter Joy

**During Easter, we celebrate the reason for our hope—the Resurrection.** What's more, we have taken part in it through our Baptism. It is not an event that is unrelated to us. We are sharers in Christ's victory over death. Holy water—something we can easily take for granted as Catholics—is a beautiful memorial of this victory through Baptism.



**Holy water is a powerful sacramental to have in your home.** Holy water containers can be bought at your local Catholic bookstore. You can fill them at your parish either from the holy water font or from the tall silver container located at the back of your parish church. Be sure to ask your parish priest how to fill it.

**Bless yourself and your family with holy water on a daily basis.** Make it a part of your family prayer time to make the Sign of the Cross with holy water in the morning and before bed. Do it intentionally and slowly. You could recite your baptismal promises once a week as you do so in order to focus on what holy water recalls.

**For more family faith formation resources, go to the parent portal.**