

WORD *of* LIFE

Parish Catechist Manual

Grade One Lesson Planner: 45-Minute Class

Preparation: Let's Prepare Our Hearts 4–6 Minutes

Opening Prayer (1 minute)

Choose one or more as time allows: (2–4 minutes)

___ Lectio Divina (3 minutes)

___ Homework

___ Sacred Art Reflection (3 minutes)

___ Homework

___ Prepare Our Hearts Song (2–4 minutes)

___ Bible Fun! Activity (3 minutes)

Introduction (1 minute)

Omit Previous Lesson Review Questions in a 45-minute class period.

Proclamation: Let's Proclaim the Good News 1 Minute

Explanation: Let's Learn about Our Faith 20–25 Minutes

- Cover material in the focus points. If time is an issue, you may want to highlight areas of the outline you'd like to focus on during your class explanation. (20–25 minutes)
- ___ Student Text Activity (Optional: You can choose one for class and assign the rest for homework. 5 minutes)
 - In class: _____
 - Homework: _____

Application: Let's Live Our Faith 10–15 Minutes

Choose one or more of the following according to available time.

- ___ Gabriel's Quest Story (10 minutes) ___ Homework
- ___ Saint Story (5 minutes)
- ___ Faith Alive (10 minutes)
- ___ Enrichment Page (5–7 minutes)

Omit Remembering our Faith Current Lesson Review Questions in a 45-minute class period.

Celebration: Let's Celebrate Our Faith 2–4 Minutes

Choose one or more as time allows.

- ___ Prayer (2 minutes)
- ___ Prepare Our Hearts Song (2–4 minutes) _____

TOTAL TIME: _____ Minutes

Other Notes: _____

WORD *of* LIFE

Parish Catechist Manual

Grade One Lesson Planner: 60- to 90-Minute Class

Preparation: Let's Prepare Our Hearts 4–7 Minutes

Opening Prayer (1 minute)

Choose one or more as time allows: (2–4 minutes)

- | | |
|---|-----------------------------------|
| <input type="checkbox"/> Lectio Divina (3 minutes) | <input type="checkbox"/> Homework |
| <input type="checkbox"/> Sacred Art Reflection (3 minutes) | <input type="checkbox"/> Homework |
| <input type="checkbox"/> Prepare Our Hearts Song (2–4 minutes) | |
| <input type="checkbox"/> Bible Fun! Activity (3 minutes) | |
| <input type="checkbox"/> Previous Lesson Review Questions (2–3 Minutes) | |

Introduction (1 minute)

Proclamation: Let's Proclaim the Good News 1 Minute

Explanation: Let's Learn about Our Faith 28–41 Minutes

- Cover material in the focus points. If time is an issue, you may want to highlight areas of the outline you'd like to focus on during your class explanation. (26–39 minutes)
- ☐ Student Text Activity (Optional: You can choose one or more for class and assign the rest for homework. 5 minutes each)

In class: _____

Homework: _____

- Let's Remember Our Faith—Current Lesson Review Questions (2 minutes)

Application: Let's Live Our Faith 20–35 Minutes

Choose or more of the following according to available time.

- | | |
|---|-----------------------------------|
| <input type="checkbox"/> Gabriel's Quest Story (10 minutes) | <input type="checkbox"/> Homework |
| <input type="checkbox"/> Saint Story (5 minutes) | <input type="checkbox"/> Homework |
| <input type="checkbox"/> Faith Alive (15 minutes) | |
| <input type="checkbox"/> Enrichment Page (5 minutes) | |
| <input type="checkbox"/> Bonus Activity (20–30 minutes) | _____ |

Celebration: Let's Celebrate Our Faith 2–6 Minutes

Choose one or more as time allows.

- ☐ Prayer (2 minutes)
- ☐ Prepare Our Hearts Song (2–4 minutes)

TOTAL TIME: _____ Minutes

Other Notes: _____
