Faith is a theological virtue that helps us believe in God and all that He has revealed to us.

It is not always easy to believe what God reveals. While God's teachings are not irrational, some of them are beyond what we can reason on our own. Also, there are times when God's teachings are personally challenging or call us to live differently from how many people around us are living. God gives us the virtue of faith so that we can believe and accept all the truths God has revealed.

Through faith, we can believe what God has revealed through Jesus Christ and what the Church teaches. God reveals Himself in many ways, but in particular He reveals Himself through God the Son. Jesus established a Church and gave the spiritual keys to Saint Peter. These keys symbolize the authority of the Church to preserve, protect, and teach the truths of God.

When we encounter a revealed teaching or moral law that is difficult to believe, we should first pray for God to strengthen our faith to accept and believe this teaching or law. But then we should educate ourselves to the reason behind the teaching. Through prayer and education, we can believe all that God reveals.

FAITH

With faith, we believe what Jesus and His Church teaches.

With faith, we share our beliefs with others.

With faith, we focus and pray reverently.

With faith, we are respectful of religious objects and God's Word.

Becoming a Person of Character

Ask yourself and your children the following questions:
- Do you believe everything that God reveals?
- Do you believe all that the Church teaches, including the moral laws?
- Do you try to learn more about what God teaches?
- Does faith guide every aspect of your life? Or is faith reserved for a certain part of your life?

Prayer to Grow in Virtue

God the Father, we praise You for all that You have revealed to us! We believe what You and Your Church teaches. Help our unbelief. Amen.