

# Stations of the Cross Reflections

## Opening Prayer

My dear Jesus, You made this journey to die out of infinite love for me. Let me journey with you so I may grow in love for You. Though I have sinned, I am truly sorry. Forgive me, my God. Help me to love You all my life. Amen.

## First Station: Jesus Is Condemned to Die

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

Pilate was afraid to know the truth. May I always follow You, Jesus, who are the Truth.

## Second Station: Jesus Takes Up His Cross

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

Though You were innocent, You willingly accepted Your Cross to save me from my sins. Help me to live with virtue and to carry my cross with You.

## Third Station: Jesus Falls the First Time

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

Dear Jesus, the Cross was heavy and made you fall. Sometimes temptation is heavy and I fall into sin. Grant me the grace to get up, ask forgiveness, and try again.

## Fourth Station: Jesus Meets His Mother

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

Mary, you loved your Son, Jesus, so much that you sought Him on the road to Calvary. Teach me how to find Jesus at all times in my life.

## Fifth Station: Simon Helps Jesus Carry His Cross

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

Simon did not choose to help You, but he found himself walking with You and helping You. Show me how to love and comfort those who are suffering.

**Grade 4, Lent**

# Stations of the Cross Reflections (Part 1)

## **Sixth Station: Veronica Wipes the Face of Jesus**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

Jesus, You blessed Veronica's generosity with a gift of Your image on her veil. May I renew Your image on my soul through frequent confession.

## **Seventh Station: Jesus Falls a Second Time**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

The weight of my sins caused You to fall this second time. Keep me from mortal sin.

## **Eighth Station: Jesus Comforts the Women**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

In the midst of Your own suffering, You stopped to speak with the women who were crying for you. Help me to think of the needs of others.

## **Ninth Station: Jesus Falls the Third Time**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

My dear Jesus, You were so weak You could barely stand, yet the soldiers forced You to carry the heavy Cross. When my cross seems hard to carry, may I offer it to You without complaining.

## **Tenth Station: Jesus Is Stripped of His Garments**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

The soldiers took Your clothes and left You to be laughed at. When I see others teased or made fun of, grant me the courage to stand with them and comfort them.

## **Eleventh Station: Jesus Is Nailed to the Cross**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

How great was Your pain when You were pierced by the nails in Your hands and feet. May I remember Your suffering when confronted by temptation.

**Grade 4, Lent**

# Stations of the Cross Reflections (Part 2)

## **Twelfth Station: Jesus Dies on the Cross**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

My dear Jesus, Your death is my hope for eternal life. I love You above all things.

[Pause for a few seconds to let students reflect on the immensity of this event.]

## **Thirteenth Station: Jesus Is Taken Down from the Cross**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

Mary, you received the body of your Son with unspeakable love. Help me to worthily receive Him at every Holy Communion.

## **Fourteenth Station: Jesus Is Laid in the Tomb**

V. We adore You, Oh Christ, and we bless You...

R. Because by Your holy Cross, You have redeemed the world.

With what sorrow the friends of Jesus left Him in the closed tomb. Grant me hope in the Resurrection even in the darkest times.

## **Closing Prayer: Prayer before a Crucifix**

Look down upon me, good and gentle Jesus, while before Your face I humbly kneel and, with burning soul, pray and beseech You to fix deep in my heart lively sentiments of faith, hope, and charity; true contrition for my sins; and a firm purpose of amendment. While I contemplate, with great love and tender pity, Your five most precious wounds, pondering over them within me and calling to mind the words which David, Your prophet, said to You, my Jesus: "They have pierced My hands and My feet; they have numbered all My bones." Amen.

**Grade 4, Lent**