Enrichment: Virtue

Fortitude and Its Parts

Perseverance

The virtue that enables us to act for what is good despite lasting hardships



Persevering in our studies



Persevering in a race by God's grace

Challenge: The next time you have to do something really hard, like a test or sports event, take a small holy item with you. Wear it or hold it as you complete the task and ask God to help you.

Prayer: God, please grant me the strength to persevere in a life of virtue. Grant me the virtue of perseverance as I complete this task out of love for You. Amen.

FORTITUDE

Patience

The virtue that enables us to endure hardships calmly and peacefully



Patient as we wait our turn



Patient in our prayers

Challenge: The next time you are waiting in line and feeling anxious, say a little prayer for patience.

Prayer: Holy Spirit, please fill me with Your peace. Strengthen me with patience so that I always have a calm mind and a peaceful soul. Amen.

Magnanimity

The virtue by which we can confidently do great and noble things for God and others



Serving others magnanimously



Serving God magnanimously

Challenge: Find one way you can serve in your church as an usher, lector, altar server, or cantor.

Prayer: Lord, I know that I can do great things through Your grace. Through the virtue of magnanimity, may I serve You in all things and glorify Your name. Amen.

Journal Reflection

Which virtue do you think you need to develop and why? Write your answer on the journal page. Journal pages are available on the parent and student portals.