## Chapter 6: God the Father, Creator of Heaven and Earth

We are created in the image and likeness of the Blessed Trinity.

## **Chapter Summary**

God created all things according to His loving plan, called divine providence. God is almighty, all-good, allknowing, and all-present. God created us in His image and likeness. This means we have reason and a will. Being created in the image of God also means that we were created as male and female to reflect the communion of love in the Blessed Trinity. God has created us with bodies and souls. Because we have bodies, we have passions—desires or emotions. Men and women are created to reflect the love of the Blessed Trinity. They are given gifts that uniquely allow them to help each other and their family grow in holiness. Original Sin darkens our reason, weakens our will, and disorders our passions.



## **Digital Safety**

It can be difficult for parents to keep up with the latest digital trends and advancements. Here are some talking points to have important discussions with your children regarding digital safety:

- The most popular activities on mobile devices are social networking and messaging.<sup>1</sup>Talk to your children about safety while using these apps and websites, even when they are older. Make them aware that they should never give out personal information online.
- 2. The next most popular activity is video entertainment.<sup>2</sup> Make sure they know that there are things on TV, online, and in mobile apps that are dangerous and that encourage us to sin. They will be exposed to these things unfortunately, so remind them that if they see something scandalous, they should come to you first.
- To protect your children, consider installing accountability software on all devices, enabling parental controls, and installing web filters. It is also recommended not to allow use of devices in private areas (bedrooms, bathrooms, etc.).

For more family faith formation resources, go to the parent portal.