

Chapter 11: Jesus Leads Us to Our Supernatural End

God gives us the grace we need to reach our supernatural end—eternal happiness with Him.

Chapter Summary

God made this world for us to enjoy. We can experience varying degrees of earthly happiness in this life by enjoying family, friends, food, and the like. To enjoy the created goods of this world properly and fully, we must pursue them with virtue. However, the things of this world do not ultimately satisfy us. Our ultimate end is not natural and of this world but *supernatural*, that is, above what is natural or something we can achieve on our own. Our supernatural end, or ultimate purpose and goal, is union with God in Heaven. Jesus won the grace necessary for us to be united to God. With His grace, God also infuses the theological virtues and purifies and elevates the moral virtues. Only through God's grace and the supernatural virtues can we reach our supernatural end.



God Raises Us Up

You can find general information on *lectio divina* as well as its four-step process on the parent portal. This meditation can be as short or long as you want it to be. Aim for fifteen minutes to begin.

Step 1: *Lectio* (Reading)

Begin with the Sign of the Cross. Read this passage out loud: “[God] raised us up with him, and made us sit with him in the heavenly places in Christ Jesus” (Ephesians 2:6). Pause and then read the passage once more.

Step 2: *Meditatio* (Meditation)

Answer these questions in silence:

- Did any words, pictures, or thoughts come into your heart?
- What is God saying to you in this passage?
- Do you live as though you are created for the heavenly places, or do you settle for temporary happiness?
- How can you give thanks to God for raising you up to be with Him in Heaven?

Step 3: *Oratio* (Prayer)

- Read the passage again. Sit in silence for a few minutes. Talk to God in prayer.
- Ask Him for the grace to live virtuously in order to be perfectly happy with Him.
- Bring to God any anxieties that get in the way of striving for perfect happiness.

Step 4: *Contemplatio* (Contemplation)

- Read the passage one last time. Sit in silence. Focus on listening to God.
- Visualize God speaking to you. Picture Jesus inviting you to sit with Him in Heaven.

Conclude with the Sign of the Cross.

For more family faith formation resources, go to the parent portal.