WORD of LIFE

Chapter 4

Lesson Enhancement Video: Fortitude and Its Subvirtues

- Invite students to reflect on the video: *Why were Beth and Lucy so scared at the beginning of the video?* (They had been bullied and were scared to talk about it.)
 - Why do you think they were scared to talk to somebody about being bullied? (Answers may include they didn't want to be made fun of, they didn't want to admit that they couldn't handle it, and they didn't want to be bullied even more.)
 - How did Max help Beth and Lucy in this video? (He encouraged them to be courageous and to tell Father. He was a true friend who cared for them and wanted to help them.)
 - What virtue did Beth and Lucy practice when they pushed through their fear to talk to Father Brown? (Fortitude. They acted bravely and courageously by talking to a trusted adult about being bullied.) This is a good time to remind the students that (1) bullying is very wrong and (2) they should talk to a trusted adult if they are being bullied.
- Highlight the teaching point of the video: *What are the three virtues that make up fortitude?* (Patience, perseverance, and magnanimity.)
 - What example of perseverance did Father Brown give? (Working hard on your homework even when it is difficult.)
 - Max is said to be very patient in class. *When have you found it hard to be patient in class?* (Answers may include when it is close to lunchtime, when it is nice outside, and when the teacher is boring.)
 - Father Brown explained that we do not need to save the world to be magnanimous. What are examples
 of magnanimity that he mentioned? (Opening the door for others and singing in the church choir with
 great love.)
- End by deepening the teaching point of the video: *Why is bullying wrong?* (Answers may include it hurts others, it does not recognize the goodness of the other person, and it treats others in a way that we do not want to be treated.)
 - Instead of tearing people down, what should we as Christians do? (Answers may include build people up, compliment them, and draw them to holiness.)
 - What happens when we do what is right in these smaller matters? (We become more virtuous, holier, and closer to being saints!)