

Chapter 5

Made in God's Image

God created us in His image.

Chapter Summary

God's plan of love is that we would be in a loving friendship with Him forever. He created us in His image, to love as He loves. He created us with bodies and souls. Our souls give us the ability to know, love, and make choices. Our bodies link us to the material world, express our souls in the material world, and are able to offer the material world back to God in the praise of worship. God created us male and female so that we can reflect His creative love in the world.

More for Parents

Parents spend most of their time taking care of their children. They take care of their bodies by giving them good food to eat and a good home to live in. And they take care of their souls by teaching them right from wrong, as well as how to pray, how to be kind to others, and how to make good choices. Sometimes as parents, we have to work hard to convince our children that what is good for them may not be exactly what they want, and what they want may not be good for them. How can we best help our children? We can take them to church and teach them about Jesus, who always lived a perfect life, in body and soul, and who wants to fill our souls with grace.

Our Family Prays Together

Dear God, You gave us bodies and souls to know You and to love You. Help us love You. Amen.

Let's Talk about It as a Family

- **Every human person has a body and a _____.** (Soul.)
- **Can we see our souls?** (No.)
- **Who were the first man and woman?** (Adam and Eve.)
- **Are all human persons created in the image of God?** (Yes.)
- **Because we are created in God's image, this means that we were created to do what?** (To love.)
- **Are we the happiest when we choose to love God and others?** (Yes.)
- **Will men and women be happy if they live according to God's plan of love?** (Yes.)

Let's Live Our Faith

As a family, discuss which of the following situations show love for God and one another:

- Going to church and praying at Mass
- Praying before meals
- Praying before going to bed
- Leaving out some classmates while on the playground
- Obeying parents and doing chores
- Telling a lie
- Thanking God for all personal blessings

Family Faith Activities

Choose one or more of the following to do as a family:

- Visit an elderly person who is lonely.
- Invite another family over who is new in your school or parish.
- Cook a meal for the homeless or someone who is sick.
- Pray together as a family.
- Pray for others who need God's help.
- Read and discuss the *Small Wonders* story as a family by going to the parent portal.

For more family faith formation resources, go to the parent portal.