

ENRICHMENT: CHARACTER

Becoming Saints

Saints are people who opened themselves up to receive God's grace and are now with Him in Heaven.

A saint is a person who is with God in Heaven. Oftentimes, the Church officially recognizes some people as saints. But there are many, many saints whom the Church does not officially recognize. Maybe even some of your deceased family members are saints!



In order to be a saint, you do not necessarily have to do extraordinary things. You can be a saint in your ordinary life!

We become saints not by performing great actions but by loving God with all that we have. Mother Teresa became a saint by loving God and others. This love grew through her daily prayer and service. We, too, can become saints simply by praying to God every day and consistently serving those around us.

However, this does not mean that it is easy to live saintly lives. Saints live a life contrary to what the world teaches. The world often teaches us to seek only things of this world—money, fame, and our own desires. Saints are those who seek God first in all things in their everyday lives.

Look at these images to see what kinds of things a saintly person does.



A holy person is careful of what he watches.



A holy person does not give in to peer pressure.



A holy person prays in silence.



A holy person shares with others.

Striving for Sainthood

Write your answer on the journal page. Journal pages are available on the parent and student portals.

- ***Do you live like those in the world who choose not to follow God? How can you invite God into every part of your life?***

Prayer

Begin with the Sign of the Cross.

Mary, Mother of God and my Mother, pray for us striving to become saints. Grant us an uncompromising love for God and the joy of all the saints. May we one day rejoice with You in Heaven. Amen.