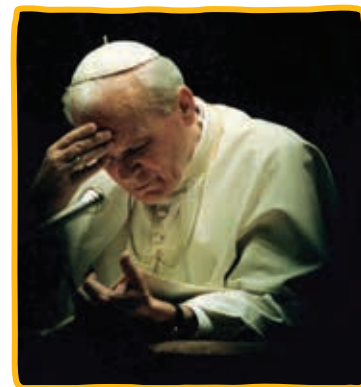


# ENRICHMENT: CHARACTER

## Our Consciences

**Conscience is an inner voice that tells us what is right and wrong to the best of our ability.**

Many people mistake conscience for a feeling. They think that their consciences tell them that a certain action is right because it *feels* good even though they *know* such actions are wrong. But conscience is not a feeling. It is a judgment based on our knowledge. Our consciences tell us what is right and wrong to the best of our knowledge.



For example, it may *feel* good to steal something. But you *know* it is wrong. Thus, when you are tempted to steal, your conscience tells you that you know it is wrong even if it feels good.

It is very important that you educate, or form, your conscience. You need to know what is right and wrong. Since your conscience is what tells you right from wrong, you need to form it *according to God's Law*.

There are many ways we can educate our consciences according to God's Law. In particular, we should read the Bible and learn the teachings of the Church. Through them, God teaches us. But most importantly, we should pray to the Holy Spirit to enlighten our consciences.

Look at the images below to see ways to form your conscience:



*I read the Bible.*



*I learn from religion classes.*



*I learn about the faith from others.*



*I examine my conscience.*

## Forming Our Consciences

Write your answer on the journal page. [Journal pages](#) are available on the parent and student portals.

- ***Whom do you look to when you have questions about the faith?***

## Prayer

[Begin with the Sign of the Cross.](#)

Come, Holy Spirit, and enlighten our consciences so that we may know Your truth and follow Your will. May we always remain in Your grace so that we can love You with all our hearts. Amen.