

Ten Hops to Freedom

Materials:

- 10 Hula-Hoops (see instructions below before class)
- Tape

Prior to class, lay out ten Hula-Hoops end to end (or tape out two-by-two-foot sections) on the floor. Number the spaces one through ten with tape (for each of the ten plagues of Egypt).

Before beginning the activity, review that the purpose of the ten plagues was to convince Pharaoh to believe in God and to let the Israelites go. List the ten plagues on the board. Review them a couple of times by associating each with a sound (see notes below).

After review, divide the class into two teams. Have each team line up behind opposite ends of the spaces on the floor. The objective is to get as many people as possible from their team to the other end. For each person, they get a point.

At the same time, each team will send a member hopping on both feet from space to space as fast as he can. In whatever space they meet in, they are to play as many rounds of rock-paper-scissors as needed until one of them wins. Instead of “Rock, papers, scissors, shoot” they will say “Let my people go” (displaying their hand on “go”). The winner then says the correct plague of the number space they are standing in after you provide the associated sound.

If they get it right, then they continue hopping while the opposite team sends another member to meet them. If they get it wrong, then the loser has the chance to say it. If the loser gets it right, then they do the same as above. However, if neither of them get it correct, then both must leave the spaces and get back in line with their team.

Repeat the process as time allows. The team with the most points wins. Depending on the proficiency of your students, do not offer the associated sound at first. Instead, offer it as a hint if neither of them can answer correctly.

1. Water turns to blood	“Pshhhhh” (running water)
2. Frogs	“Ribbit, ribbit”
3. Gnats	“Itchy, itchy” (gnats crawling on everyone)
4. Flies	“Bzzzzzz”
5. Sick cattle	“Moo, moo”
6. Boils	“Pop, pop” (boils popping)
7. Hail	“Brrrr” (cold as ice)
8. Locusts	“Munch, munch” (locusts eating crops)
9. Darkness	“Hoot, hoot” (owls come out when it’s dark)
10. Death of firstborn	“Boo hoo”