

Chapter 7 Test:

Uniting Our Hearts to God

Name: _____

Part 1: Circle the best answer.

1. What is prayer?

- a. Our internal participation in the Holy Sacrifice of the Mass
- b. The lifting up of our minds and hearts to God
- c. The study, reading of, and meditation on the Scriptures
- d. The silent voice of the Holy Spirit

2. What are the three expressions of prayer in the Christian tradition?

- a. The Our Father, Hail Mary, and Glory Be
- b. The Mass, the Divine Office, and the Rosary
- c. Vocal, meditative, and contemplative prayer
- d. Praise, reparation, and thanksgiving

3. What does the Our Father summarize?

- a. The whole Gospel
- b. The teaching of the Apostles
- c. The Old Law
- d. The whole book of Revelation

4. What does the Spirit of the Son allow us to do through Baptism?

- a. To be popular with our friends
- b. To call upon God as Father
- c. To say and do what we want
- d. None of the above

5. How many sacraments did Jesus institute?

- a. Ten
- b. Twelve
- c. Seven
- d. Nine

6. Which of the following series contains something that is *not* a sacrament?

- a. Baptism, Eucharist
- b. Reconciliation, Confirmation
- c. Anointing of the Sick, Matrimony
- d. Holy Orders, Chrism

7. What is a sacrament?

- a. An outpouring of love and grace into our souls
- b. An efficacious, visible sign given to us by Jesus through which God gives us grace
- c. A tangible proof of the Holy Spirit working in our lives
- d. An external sign of internal healing

Part 2: Write “T” if the statement is completely true. Write “F” if it is even partly false, and then rewrite the statement on the line below to make it true.

- _____ 1. All prayer is primarily addressed to God the Son.
- _____ 2. The sacraments draw us into a deeper relationship with Christ by conforming us to him.
- _____ 3. The “form” of a sacrament refers to the physical material used and the action performed in the sacrament.

Part 3: Answer the reflection question.

Vocal, meditative, and contemplative prayer are all powerful ways of uniting our hearts to God and sharing in his life. Which expression do you most wish to grow in and why?