Friendliness and Truthfulness

We all want to be truthful and friendly people. Those who are honest and kind are liked by many and are a joy to be around.

But sometimes it is hard to be the person we want to be. Sometimes it is easier to lie because we did something wrong or because the truth may hurt a friendship. At other times, it is hard to be friendly and kind because we are tired or find another person annoying. So, it is important to develop the virtues of truthfulness and friendliness.

Truthfulness is the virtue that disposes a person to speak the truth about himself and others. A truthful person does not lie. In fact, a truthful person wants to tell the truth and finds it easy to tell the truth even in a difficult situation.

A truthful person admits when she did something wrong.

A truthful person confesses his sins.

A truthful person tells the truth even when it is difficult.

Friendliness is the virtue that disposes a person to will the good of the other. Friendly people are warm, inviting, and pleasant with those around them. They greet strangers and smile at others. They make sure others feel heard and appreciated.

A friendly person invites others to play with her.

A friendly person welcomes people to the church.

A friendly person is kind to those around him.

Truthfulness and friendliness are subvirtues of justice because other people are due truth and kindness. All human persons have great dignity. Therefore, we do something unjust if we lie to them or are unduly harsh.

Journal Reflection

This week, find one person who needs a friend and reach out to him. ***Can you invite him to pray with you or join in a game?*** Write your answer on the journal page. Journal pages are available on the parent and student portals.

Prayer to Grow in Virtue

Lord God, strengthen us in the virtue of truthfulness so that we may always be honest. May we never seek to mislead or lie to others. Instead, through Your grace, may our voices lead others to You, the author of truth. Amen.