

FAMILY FAITH

Chapter 1: God Is Love

God is love, and He shares His love with us.

Chapter Summary

God is a perfect communion of love. The three Divine Persons of the Blessed Trinity are the Father, the Son, and the Holy Spirit. These three Persons are one because all three are fully God. This union is made known to us in their perfect exchange of love. As Scripture tells us, God is love. God has a plan of love for each of us: to share His love with us and draw us into a loving relationship with Him. At our Baptism, we receive the virtue of charity (love). Charity is more than the love we have for created things. Charity is a virtue that makes it possible for us to love God above all else and love our neighbors as ourselves. Each of us is called to open ourselves up to God's gift of love, to draw close to Him, and to share God's love with others. When we share God's love with others, we become a gift to them. By receiving God's love, we become good and holy.

More for Parents

When your children come home telling you they learned about the Blessed Trinity, you might feel intimidated. Isn't it impossible to understand the Blessed Trinity? While we will never fully understand this mystery, we can know that God's very inner life is a life of love: the Father, Son, and Holy Spirit are distinct Persons who give themselves to one another in perfect love. Our families provide daily opportunities to give ourselves in love to others. As love becomes the center of your family, your family imitates the communion of the Persons of the Blessed Trinity. In leading this, you teach about the Blessed Trinity.

Virtue in the Family

Virtues are important parts of who we are as children of God. We are virtuous when we do what is good and pleasing to God and avoid what is evil. The greatest virtue is charity. Charity enables us to love like God loves. Prayer helps us nurture the virtue of charity. All parents are called to nurture the virtues in their children.

Grow in Charity

- When we receive the virtue of charity, we should love others like God loves them. Each day, ask your children how they shared God's love with someone else.
- Nightly prayer activity
 - Decorate a space in your home with a crucifix, saint statues, and a candle.
 - Take five to ten minutes to pray in silence together:
 - Light the candle. As long as the candle is lit, everyone has to be silent.
 - Have all family members close their eyes and imagine the three Persons of the Blessed Trinity sharing their love (maybe as a present).
 - Recite the following together: **"Dear God, I love You; help me love You more."**
 - End with the Sign of the Cross.

Vocabulary Words for Your Children to Review

- **Bible**
- **Blessed Trinity**
- **God's plan of love**
- **Heaven**
- **love**

Find digital flash cards to help your children review on the parent portal.



For more family faith formation resources, go to the parent portal.