

# FAMILY FAITH

## Chapter 9: God Frees His People

*God rescued His people through Moses.*

### Chapter Summary

The Chosen People, Israel, became slaves in Egypt under a very cruel pharaoh. Moses' life was spared by God so that he could answer the call to deliver the Israelites from slavery and bring them back to the Promised Land. After hearing God's call from the burning bush, Moses obeyed God. Moses confronted Pharaoh many times, asking him to let God's people go, but Pharaoh obstinately refused. God sent ten plagues on Egypt before Pharaoh was convinced to give in. The final plague, the death of the firstborn, was coupled with the institution of the Passover Feast. Through the Passover, God spared His Chosen People from the effects of the plague. After this final calamity, Pharaoh relented and the Israelites were free once more.

### More for Parents

Sometimes it is easy to forget God when times get tough or when we are busy. Instead of focusing on the one true God, we get distracted by other "gods" like media, work, money, or politics. These things should not take the place of God and will never give us true happiness. Therefore, as parents, we must take it upon ourselves to dedicate time in our day to pray with our children. This will focus our families on God so that we can avoid these distractions and one day reach the Promised Land of Heaven!

### Virtue in the Family

The world tells us that many different things will make us happy. God tells us that happiness comes from Him alone. With hope, we are able to trust that God alone is the source of our happiness.

### Strengthening Our Hope

- Prayer activity
  - Spend a few minutes together reflecting on these points:
    - God is love.
    - God wants us to be happy.
    - Do we trust in God?
  - Conclude by praying together, **"Lord, help us trust in You. You alone will make us happy. You alone can fill our needs. We love You."**
- Plan a movie night and watch a cartoon or film adaptation of the Exodus together.
- Set aside a day to visit a church or a nearby shrine or pilgrimage site. Pack a lunch, pray a Rosary on the way, and renew the commitment of your family not to let a busy life get in the way of your growth in virtue.

### Vocabulary Words for Your Children to Review

- **Passover Feast**
- **sacrifice**

Find digital flash cards to help your children review on the parent portal.



For more family faith formation resources, go to the parent portal.