# **Enrichment: Virtue**

# **Fortitude and Its Parts**



The virtue that enables us to act for what is good despite lasting hardships



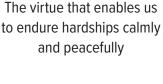
## Persevering in our studies



Persevering in a race by God's grace

**Challenge:** The next time you have to do something really hard, like a test or sports event, take a small holy item with you. Wear it or hold it as you complete the task and ask God to help you.

**Prayer:** God, please grant me the strength to persevere in a life of virtue. Grant me the virtue of perseverance as I complete this task out of love for You. Amen.



FORTITUDE

**Patience** 



#### Patient as we wait our turn



Patient in our prayers

**Challenge:** The next time you are waiting in line and feeling anxious, say a little prayer for patience.

♦ Magnanimity

The virtue by which we can confidently do great and noble things for God and others



#### Serving others magnanimously



Serving God magnanimously

**Challenge:** Find one way you can serve in your church as an usher, lector, altar server, or cantor.

**Prayer:** Holy Spirit, please fill me with Your peace. Strengthen me with patience so that I always have a calm mind and a peaceful soul. Amen. **Prayer:** Lord, I know that I can do great things through Your grace. Through the virtue of magnanimity, may I serve You in all things and glorify Your name. Amen.

### **Journal Reflection**

*Which virtue do you think you need to develop and why?* Write your answer on the journal page. Journal pages are available on the parent and student portals.