

Family Faith

Liturgical Year

Christmas

Our Savior, Jesus, was born on Christmas.

Chapter Summary

Our Savior, Jesus Christ, was born on Christmas. Joseph and Mary went to Bethlehem, and there was no room for them in the inn. Shepherds and wise men came to worship Jesus after He was born. Jesus is the greatest gift that God has given to us. Jesus is the Light of the World, and He teaches us how to love God and one another. We give back to Jesus by giving Him our hearts and our lives. We can give to Jesus by giving to others, especially the poor.

More for Parents

Christmas can be a hectic time of year. The months leading up to it are filled with a nonstop bombardment of commercials, songs, parties, and shopping. By the time the day actually arrives, we are ready for it to be done. The Church calls us to remember the event that brought the plan of salvation into plain sight. The angels announced it to the shepherds, and the star led the wise men to find a Savior of flesh and blood, one who could be seen and held and who came to the poor and foreigner and required protection Himself. This Christmas season, try to find ways to see Christ in the poor, in the foreigner, in the weak. What are some ways you can help your family serve Christ in the poorest of the poor?

Our Family Prays Together

Dear God, thank You for giving us Your only Son, Jesus. Help us be a gift to others. Amen.

Let's Talk about It as a Family

- *In what town was Jesus born? (Bethlehem.)*
- *Who came to worship Jesus when He was born? (Shepherds and wise men.)*
- *What gift did God give to us on Christmas? (Jesus.)*
- *What gift should we give back to Jesus? (Our hearts.)*
- *We should be a gift to others, especially _____.* (The poor.)

Let's Live Our Faith

Choose one or more of the following:

- Talk about the difference between receiving and giving gifts. Remind your children that Jesus gave Himself to us by dying on the Cross; we all should give back to Jesus by giving Him our hearts.
- Discuss how each person in your family can be a gift to others by doing acts of kindness.

Family Faith Activities

Christmas is a time for *giving*. Jesus gave His life for each of us. In return, we should always do things for others, especially the poor, the lonely, and the elderly. Choose one or more of the following to do as a family:

- Choose a family project to either make Christmas cards or collect items for the poor, the lonely, the elderly, or children in the hospital.
- Have each person in your family be a gift to another by doing acts of kindness for one person in the family. You may want to consider having the children give this type of gift this Christmas instead of giving things to one another.

For more family faith formation resources, go to the parent portal.