

# FAMILY FAITH

## Chapter 1: Our Loving Creator

*God created the world out of love for us.*

### Chapter Summary

God is our Creator. He created everything, visible and invisible, out of nothing. All of God's creation is good and is meant to reveal to us who God is. God is a Blessed Trinity, "one God in three persons" (CCC 253). The Blessed Trinity is "an eternal exchange of love, Father, Son, and Holy Spirit" (CCC 221). God created us to share His love with us so we can love Him and love others. God shares His love with us through the gift of grace and the theological virtues of faith, hope, and charity. The theological virtues are given to us so that we can be holy children of God and do what is good.

### More for Parents

It can be difficult to wrap our own minds around, much less explain to our children, the communion of love that is the Blessed Trinity. Although human love is imperfect, with God's grace and the virtues He gives us, we can love others as the Blessed Trinity loves. God gives Himself perfectly out of love. We have opportunities to do this every day. Whether it is cleaning up milk spills or cheering up a hurt child, unselfish love is built into a parent's day. Invite God into these moments and ask Him to help you love as He loves.

### Virtue in the Family

We know from experience that nothing in this world can give us everlasting happiness. All pleasures and joys in this life pass away. Only in God can we find complete and supreme happiness.

### Growing in Love and Happiness

- Prayer activity: As a family, pray and reflect on Jesus' words: "Ask, and you will receive, that your joy may be full" (John 16:24).
  - Spend a few minutes in silence, asking God for grace and more of the virtues of faith, hope, and charity.

- Have every family member share one example of how giving himself in love to others has made him happy.
- Conclude by praying Psalm 37:4–5 together.
- Remind your children of the meaning of love: a desire or action for the good of another. Give examples of making sacrifices for one another.

### Vocabulary Words for Your Children to Review

- **angels**
- **Blessed Trinity**
- **communion**
- **creation**
- **grace**
- **Heaven**

Find digital flash cards to help your children review on the parent portal.



For more family faith formation resources, go to the parent portal.