

WORD of LIFE

Chapter 11

Lesson Enhancement Video: The Cardinal Virtues

- Start with the teaching point of the video: **How many cardinal virtues are there?** (Four.)
 - **What are the four cardinal virtues?** (Prudence, justice, temperance, and fortitude.)
 - **Why are the cardinal virtues so important?** (Because our character and our happiness hinge on them. Therefore, if we do not have these virtues, we will not have a virtuous character and we will not be truly happy.)
- Develop the teaching point of the video: **What image does the video give to show what prudence looks like?** (A person figuring out directions on where to go.)
 - **Why is such an example of prudence appropriate?** (Because a prudent person knows and does the right thing, in the right way, and at the right time.)
 - **What image does the video give to show what justice looks like?** (A person paying for his shoes.)
 - **Why is such an example of justice appropriate?** (Because a just person gives others what they deserve.)
 - **What image does the video give to show what temperance looks like?** (A young person who stops reading her book to help her mother.)
 - **Why is such an example of temperance appropriate?** (Because a temperate person practices self-control and moderation. Therefore, a temperate person has control over herself and is not so absorbed in her own enjoyment that she fails to see the needs of others.)
 - **What image does the video give to show what fortitude looks like?** (A person breaking up a fight.)
 - **Why is such an example of fortitude appropriate?** (Because a courageous person has moral strength in the face of danger and difficulty. He tries to intervene so that people do not hurt one another.)
- Personalize the virtues: **What are some ways you can practice these virtues?** (Answers may vary.)
 - **How can you practice prudence?** (Answers may include praying about important decisions, thinking before I act, and considering what God would want me to do.)
 - **How can you practice justice?** (Answers may include being respectful of others, telling the truth, and helping the elderly.)
 - **How can you practice temperance?** (Answers may include going to bed on time, eating dessert after dinner rather than before, and spending quiet time in prayer.)
 - **How can you practice fortitude?** (Answers may include refusing to give in to peer pressure to do something bad and praying in public.)